Social Emotional Learning Services

Why SEL?

Teachers, administrators, and parents are all calling for an increase in social emotional learning (SEL) resources in response to the current pandemic. SEL offers educators the ability to support students with a more comprehensive education—developing the whole student rather than focusing solely on academics. But there are academic benefits, too. Research shows that students who study SEL score higher academically and enjoy other long term benefits as well.

What is SEL?

SEL is educational content tailored to help students recognize and understand their own social and emotional needs and behaviors. Systems, such as the popular CASEL framework, guide this learning by defining SEL competencies, including self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

SEL Development

In order to provide students with a meaningful SEL experience, there is nothing more important than careful and deliberate program development. Programs rooted in SEL expertise, free from unintentional bias and sensitivity concerns, can revolutionize the educational experience and help students communicate, care for themselves and one another, and learn together more effectively. The team at Westchester Education Services can help.

Westchester's previous SEL development work includes:

- Program blueprinting based on CASEL and state standards
- Printed and digital student workbooks
- Printed and digital teacher guides
- Animated videos (scriptwriting through production)
- Interactive online scenario-based games
- SEL fictional passages with assessment items
- Creation of diverse SEL student characters for program-wide storylines
- Bias and sensitivity vetting for all listed materials

Contact us to learn more about how we can help you develop new SEL materials or to incorporate SEL principles into your existing programs.

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